

FINAL.Sounding Body.RevelatroyVibrations.Trailer

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SUMMARY KEYWORDS

vibration, sensation, regenerating, feel, fascia, pelvis, jaws, reflecting, join, muscle, bones, space, seeds, room, spine, freely, generative, modality, tracking, exercises



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revelatory vibration is the work that I've been doing for the past 10 years or more. And it is a research modality that allows us to feel our vibration through our voice by tracking actual felt sensation through our bones and our muscle and our fascia. And through exercises I will lead with self touch or with a partner or self investigation, we will allow those vibrations to travel more freely through our bodies, our jaws, our spine or pelvis and into the room and through reflecting off the wall back into our ears and our skin and our sensation. Ah



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I build each class from the questions and the seeds that are offered. So it is a really open space. I hope that you will join me will join us and it is generative and regenerating space. Hope to see you there.